# Prisoner Reentry in the Midwest: An Overview

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#### Research...

- Prison population nearly doubled from 708,393 in 1990 to 1,277,127 in 2002.
- In 2002, at least 95% of all offenders are released to some type of supervision (state or federal).
- In 2000, 41% successfully completed supervision, 42% were sent back to prison, 9% absconded.

### Prison Demographics

- **State DOC:** Capacity 3,175; Count 4,428; **139.5**% *percent of capacity!* 
  - **Gender:** 4,077 or 92.1% Male; 352 or 7.9% Female
  - **Race:** 2,465 (55.7%) White; 1159 (26.2%) Black; 543 (12.3%) Hispanic; 208 (4.7%) Native American
  - Offenses: Sex Offense (20.4%); Drugs (17.2%), Assault (15.4%), Robbery (13.5%), Homicide (13.3%), Theft (12.7%), Burglary (11.3%), Motor Vehicle (8.9%)

Nebraska Dept. of Corrections – 9/22/09

### Prison Demographics

- **Parolees:** 627 Parolees within the state and 214 Parolees from other states in NE; total = 841
  - **Age:** 36.61
  - Location: 234 (35.9%) Metro Omaha, 202 (31%) Metro Lincoln, 74 (11.4%) South Central, 57 (8.8%) Northeast, 40 (6.1%) Southeast

Nebraska Dept. of Corrections – 9/22/09

### Research

• Phase system of transition into society....

Institutionalization

Structured Reentry

**Community Reintegration** 

## **UNO** study

- Nebraska Department of Corrections and Violent Offender Reentry Program, were evaluated by Dr. Lisa Sample, and Dr. Cassia Sphon with UNO, CJ
- The program compared 19 individuals with the Reentry group, with 53 offenders who DID not participate.
  - Found recividism to be 5% less among those in the Reentry program.

## **UNO Study**

Cost/Benefit Analysis
 2007 Average cost for offenders:

misdemeanor cases: \$6014.00

felony cases: \$21,156.24

Found that the cost savings per participant was \$5,849.

\*figures were based on cost/benefit analysis of Douglas County Drug Court, 2004.

## **UNO Study**

Societal-victimization cost savings....

According to "Victim Costs and Consequences", (1998) US Bureau of Labor Statistics, inflaction adjusted (2007).

Average cost of Violent victimization is \$42,098 Average cost of property victimization is \$1,313

Study found that based on recidivism rates and types of crimes of participants, the cost savings per participant is \$4,788.

### Federal statistics

• District of Nebraska stats.

Adopting St. Louis idea

### Research...

• Employment and Success Rates....

## What are we doing to minimize the transition?

Collaboration with Federal halfway house.
 working not only current caseloads, pre-release cases

Addition of Bristol Station, rural direction.

## What are we doing to minimize the transition?

• Evidence Based Practice:

Risk/Assessment

**Target Interventions** 

Skill Directed Practice

**Intrinsic Motivation** 

Increase Positive Reinforcement

Engage in Ongoing Support

Measure relevant processes/practices

Provide measurement feedback

## Collaboration with agencies:

- OES-is a training program featuring a variety of OES (Offender Employment Specialist) professionals in jails, prisons, probation and parole, community corrections, community-based organizations, and faith-based organizations. These individuals demonstrate best practices, discuss ways for overcoming challenges, and identify tools and strategies for improving outcomes in offender employment.
- OWDS-A comprehensive program designed to increase the particiapant's ability to provide adult offender and ex-offenders with skills to gain employment. Training program that consists of 177 hour training; classroom, assignments, and practicum.

#### Outside Resources

- Other agencies-Local Workforce Development, Chamber of Commerce, Voc Rehab, Employment First, Metro Community College
- State Probation and Parole
- Other federal entities; BOP and Southern District of Iowa (Council Bluffs offenders).

## Getting the Offender Involved

- Increased Intrinsic Motivation....
   Getting their buy in and commitment.
- Motivational Interviewing (MI):

A person centered method of fostering change by helping a person explore and resolve ambivalence. (Miller and Rollnick)

Instead of external pressure, brings out internal motivation to want to change.

Focus on empathy, rolling with resistance, develop discrepancy, and support self-efficacy.

## Getting the Offender Involved

Cognitive Development
 Moral Reconation Therapy
 Thinking 4 A Change (T4C)

### Questions or Comments?

### References

- Bureau of Justice Statistics, "Reentry Trends in US", Available at: <a href="http://www.ojp.usdoj.gov/bjs">http://www.ojp.usdoj.gov/bjs</a>.
- Miller, W.R., and Rollnick, S. (2002) Motivational Interviewing: Preparing People for Change, 2d ed. New York: Guilford Press.
- Taxman, F.S., Young, D., (August, 2002) <u>Offenders views of Reentry:</u> <u>Implications for process, programs and services</u>. Bureau of Governmental Research. Available at: <u>www.bgr.umd.edu</u>.
- Sample, L., Spohn, C., (January, 2008) <u>Final Report for the Evaluation of Nebraska's Serious and violent Offender Reentry Program</u>.

  Available at <a href="http://reentry.unomaha.edu">http://reentry.unomaha.edu</a>.

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